The Institute for Public Health Technology Working Group invites you to join us for:

Stephen Schueller, PhD
Northwestern University, Feinberg School of Medicine
Center for Behavioral Intervention Technologies (cbits.northwestern.edu)

"Leveraging the Potential of Technologies for Mental Health"

DATE: Wednesday, November 15, 2017
RSVP BY 11/10/2017 to sherithompson@ucsd.edu

TIME: 12:00pm – 1:30 pm; Light lunch provided

LOCATION: MET (Medical Education & Telemedicine) Building, Room 143 (Learning Center)

In recent years, there has been an explosion of interest in and research on the use of technologies to treat and manage mental health problems. From smartphone apps to bots, from machine learning to natural language processing, technology is poised to transform mental health service delivery. In this talk, Dr. Schueller will discuss aspects of design, deploying, and evaluating digital mental health tools outside of the confines of the therapy room, as well as issues of integrating digital mental health into practice settings.

Dr. Schueller is a clinical psychologist whose work lies at the intersection of clinical psychology, design, computer science, and implementation science. He is an Assistant Professor of Preventive Medicine at Northwestern University and a member of Northwestern’s Center for Behavioral Intervention Technologies. He is the Executive Director of PsyberGuide, a project designed to identify and provide unbiased information about the effectiveness and usefulness of digital tools for mental health. Dr. Schueller has explored the use of digital mental health resources in diverse contexts and populations, including as an adjunct for clinical treatment of depression, and in middle-school children and homeless youth. He also explores how these interventions can be integrated into systems of care and the importance of human support to increase engagement and benefit.

Dr. Schueller earned his PhD in Clinical Psychology from the University of Pennsylvania, and completed his clinical internship and postdoctoral fellowship at the University of California, San Francisco. His work focuses on making mental health services more accessible and available through technologies. Please join us for an engaging presentation and his insights about “Leveraging the Potential of Technologies for Mental Health.”

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