



UC San Diego
INSTITUTE FOR PUBLIC HEALTH

Dear Members of the UC San Diego Institute for Public Health:
SAVE THE DATE for this unique opportunity and dynamic speaker:

Wayne Dysinger, MD, MPH, FACLM



Loma Linda University

"Lifestyle Medicine: Roots, Growth, Sky"

DATE: Friday, September 22, 2017

RSVP BY 9/8/2017 to sherithompson@ucsd.edu

TIME: 12:00pm – 1:30 pm

LOCATION: BRF2 4103 Conference Room

Lifestyle Medicine is an old approach to health care that has new energy with its evidence based promise to fix health problems at their roots, reverse much in the way of chronic disease, and decrease skyrocketing health care costs. We discuss how the current revival in Lifestyle Medicine has taken hold, review the evidence base behind how Lifestyle Medicine is improving both costs and patient outcomes, and evaluate the promise for Lifestyle Medicine in the health care future.

Dr. Dysinger is a preventive and family medicine physician who currently serves as Chief Executive Officer for Lifestyle Medicine Solutions, a new model primary care concept that is built on Lifestyle Medicine. He is also Chair of the American Board of Lifestyle Medicine, on the Board of the American College of Preventive Medicine, and is Medical Director of the Complete Health Improvement Program (CHIP). He is an active faculty member at Loma Linda University and consults, teaches and participates in research on Lifestyle Medicine issues around the world.

Dr. Dysinger previously served as Chair of the Department of Preventive Medicine at Loma Linda University. He was also a past President of the American College of Lifestyle Medicine, and has worked in various capacities with the American Medical Association and the Association for Prevention Teaching and Research. Dr. Dysinger earned his M.D. degree from Loma Linda University School of Medicine (1986), and his MPH from Loma Linda University School of Public Health (1990). He has previously worked in Guam, Atlanta and Dartmouth.

Please join us for an engaging presentation on his insights about "The Science, the Art, and the Business" of running a lifestyle medicine practice.

Sponsored by:

***The UC San Diego Institute for Public Health - Lifestyle Working Group
UC San Diego Center of Excellence for Research and Training in Integrative Health
The UC San Diego Division of Preventative Medicine***